



EAST GRINSTEAD TENNIS & SQUASH CLUB



Adult Tennis Coaching Programme

Autumn Term 2021

DAY	TIME	COURSE/SQUAD (2 x 5 Week Blocks)	ABILITY	COST Member/Non Member
FRIDAY	9.15am - 10.30am	LADIES TENNIS MORNING	Intermediate	£55 / £60 for 5 week block
FRIDAY Dates: September 17th, 24th October 1st, 8th, 15th = (5 Week Block 1) 22nd November 5th, 12th, 19th, 26th (5 Week block 2)				

DAY	TIME	COURSE/SQUAD (2 x 5 Week Blocks)	ABILITY	COST Member/Non Member
SATURDAY	9.45am - 10.45am	RUSTY RACQUETS / IMPROVERS	Intermediate	£45 / £50 for 5 week block
SATURDAY	10.45am - 11.45am	DOUBLES DRILLS / TACTICS & POSITIONING	Advanced / Team Player	£45 / £50 for 5 week block
SATURDAY Dates: October 2nd, 9th, 16th, 23rd November 6th = (5 Week Block 1) TBA (Block 2)				

DAY	TIME	COURSE/SQUAD (2 x 5 Week Blocks)	ABILITY	COST Member/Non Member
SATURDAY	12.50pm - 1.50pm	TENNIS XPRESS (BEGINNERS SESSION)	Beginner	£45 / £50 for 5 week block
SATURDAY Dates: September 18th, 25th October 2nd, 9th, 16th = (5 Week Block 1) 23rd November 6th, 13th, 20th, 27th (5 Week Block 2)				

To sign up please email Adam Baldwin: adam@egtenniscoaching.com

Include: Full Name, Group/Day, Email Address, Mobile Phone No. & Relevant Medical Info

www.egtenniscoaching.com