



# EAST GRINSTEAD TENNIS & SQUASH CLUB



## Adult Tennis Coaching Programme

Summer Term 2021

DAY	TIME	COURSE/SQUAD (2 x 5 Week Blocks)	ABILITY	COST Member/Non Member
FRIDAY	9.15am - 10.30am	LADIES TENNIS MORNING	Intermediate	£15 / £16 per session £55 / £60 for 5 week block

**FRIDAY Dates:** April 23rd, 30th May 7th, 14th, 21st = (5 week Block 1) May 28th June 11th, 18th, 25th July 2nd = (5 week block 2)

DAY	TIME	COURSE/SQUAD (2 x 5 Week Blocks)	ABILITY	COST Member/Non Member
SATURDAY	9.35am - 10.35am	RUSTY RACQUETS / BACK TO TENNIS	Improver/ Intermediate	£10 / £12 per session £45 / £50 for 5 week block
SATURDAY	10.40am - 11.40am	ACTIVE DRILLS	Advanced / Team player	£10 / £12 per session £45 / £50 for 5 week block
SATURDAY	12.50pm - 1.50pm	TENNIS XPRESS (BEGINNERS SESSION)	Beginner	£10 / £12 per session £45 / £50 for 5 week block

**SATURDAY Dates:** April 17th, 24th May 1st, 8th, 15th = (5 week block 1) May 22nd, 29th June 12th, 19th, 26th = (5 week block 2)

Please bear in mind that signing up for the 5 week block will guarantee your place in the group! Please email at least 24 hours before the session commences for per session sign up!

To sign up please email Adam Baldwin: [adam@egtenniscoaching.com](mailto:adam@egtenniscoaching.com)

Include: Full Name, Group/Day, Email Address, Mobile Phone No. & Relevant Medical Info

[www.egtenniscoaching.com](http://www.egtenniscoaching.com)